

	Serving Size	Total Calories
BEANTIME COFFEE BLENDS		
American Select	16 - 24 FL OZ	0 - 5
Hazelnut	16 - 24 FL OZ	0 - 5
Dark Roasted Espresso	16 - 24 FL OZ	0 - 5
Decaf Colombian	16 - 24 FL OZ	0 - 5
100% Colombian	16 - 24 FL OZ	0 - 5
Kona	16 - 24 FL OZ	0 - 5
Pumpkin Spice	16 - 24 FL OZ	0 - 5
Holiday Blend	16 - 24 FL OZ	0 - 5
CAPPUCCINOS/LATTES/HOT CHOCOLATES		
French Vanilla Cappuccino	16 - 24 FL OZ	300 - 450
Sugar Free French Vanilla Cappuccino	16 - 24 FL OZ	328 - 492
Hershey's Hot Chocolate	16 - 24 FL OZ	354 - 532
Chips Ahoy Hot Chocolate	16 - 24 FL OZ	386 - 579
Reese's Flavored Cappuccino	16 - 24 FL OZ	240 - 360
Pumpkin Spice Latte	16 - 24 FL OZ	320 - 480
Java Jolt High Energy Mocha-ccino	16 - 24 FL OZ	301 - 450
Peppermint Mocha Cappuccino	16 - 24 FL OZ	330 - 495

**2,000 calories a day is used for general nutrition advice, but calorie needs may vary.
Offers may vary at each location.*